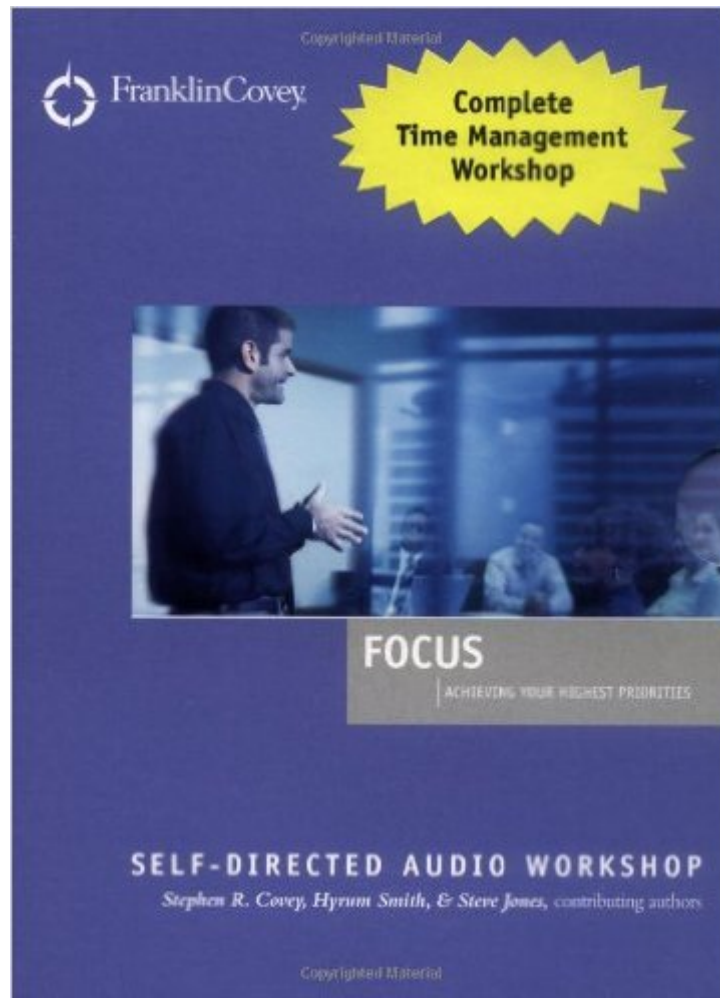


The book was found

# Focus Audio Workshop



## Synopsis

The Focus workshop presents an engaging and inspirational learning experience and will change your life in ways you never thought possible. With this audiobook, you will begin a process and journey to a new way of thinking about personal and professional focus and accomplishment. You'll learn how to identify--and focus--on the tasks and priorities that matter most so that you can deliver maximum results every day. You'll learn to turn the things you have to do into the things you want to do. Dr. Covey and master facilitator Steve Jones introduce you to the FranklinCovey workshop that has already helped 10 million people become more productive. With this audiobook, you'll also receive these valuable tools from FranklinCovey: - A handy job-aid on Keeping Your Focus, designed to carry with you to remind you how to stay focused and achieve results. - A Resource CD-ROM packed with great tools such as teaching wizards to help you identify your values and mission and how to set goals. - A free 30-day trial of FranklinCovey's Plan Plus<sup>®</sup> for Microsoft<sup>®</sup> Outlook<sup>®</sup> - A screensaver of 200+ inspirational quotes.

## Book Information

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Average Customer Review: 4.1 out of 5 stars<sup>®</sup> <sup>®</sup> See all reviews<sup>®</sup> (17 customer reviews)

Best Sellers Rank: #3,178,376 in Books (See Top 100 in Books) #74 in<sup>®</sup> Books > Books on CD > Authors, A-Z > ( C ) > Covey, Stephen R. #1364 in<sup>®</sup> Books > Business & Money > Small Business & Entrepreneurship > Consulting #2230 in<sup>®</sup> Books > Books on CD > Business > General

## Customer Reviews

A little backgroundI used the paper based Franklin Planner about a decade ago and did a career shift to where I was using company software for all my contact work along with an appointment calendar. B/c of that - I scrapped the Planner and used a palm pilot for all my phone numbers. At the time - I had taken the full day live course for a few hundred bucks and found it invaluable in understanding "how to" use the nuts and bolts of priorities / daily lists / sharpen saw features / etc. Things changed professionally for me - and I wanted to revisit the Planner to see if it would be

valuable to me again today. I purchased some filler pages for my old planner binder and tried to get back in the swing of things and see if the Planner would be useful to me now. I didn't want to spend the money on "the live course" again - but wanted to get refreshed. I read a few Covey books I had in my personal library - but they were more or less conceptual and didn't really go through the use of his planner beyond generalities. I found out that this new and updated program might fill in the gaps and the price was right so I tried it.\*\*\*\*\* I AM VERY HAPPY AUDIO PROGRAM \*\*\*\*\*. So far, I've listened to the first 3 disks and they are pretty much a recording of a live trainer giving their seminars. It does a very thorough job of walking you through the areas of evaluating and writing your guiding principles / how to effectively plan weekly and daily with a system like this / how to select and prioritize tasks for each day ( things like don't ever schedule more than 65 % of your day in daily tasks ) - as well as documenting and note retrieval.

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Focus Audio Workshop Positive Discipline Workshop 5 CD Set: An audio workshop with Jane Nelsen Focus on the Bible - 1 Samuel: Looking on the Heart (Focus on the Bible Commentaries) Organization: The 7 Habits to Organize Your Day, Productivity, and Focus (organization, success, efficiency, declutter, focus, productive, mind control) The Lion, the Witch and the Wardrobe (Focus on the Family Radio Theater) (Focus on the Family Radio Theater) Math in Focus: Student Workbook 2A (Math in Focus: Singapore Math) Kumon Focus On Speed, Proportion & Ratio (Kumon Focus Workbooks) Build-A-Bear Workshop: Friendship Book (Build-A-Bear Workshop Books (Interactive Books)) Making Small Workshop Tools (Workshop Practice) Design Thinking Workshop: The 12 Indispensable Elements for a Design Thinking Workshop Relaxation, Focus, and Memory Training: A Guided Brain Health Program (Amen Clinics Audio Learning Series) Townhouse Design: Layered Urban Living (Architecture in Focus) Facades: Design, Construction & Technology (Architecture in Focus) Focus: The Secret, Sexy, Sometimes Sordid World of Fashion Photographers Mandalas and More Coloring Book Treasury: Beautiful Designs for Relaxation and Focus (Coloring Collection) Focus: Best Ways to Improve Your Concentration and Improve Your Learning Ballet Beautiful: Transform Your Body and Gain the Strength, Grace, and Focus of a Ballet Dancer Skyscrapers and High Rises (Frameworks (Sharpe Focus)) Focus and Concentration, Brain Power Boost: Hypnosis, Meditation, and Subliminal: The Sleep Learning System Featuring Rachael Meddows Manage Your Day-to-Day: Build Your Routine, Find Your Focus, and Sharpen Your Creative Mind

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